

# REIKI - RAINBOWS



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St. Germain and Quan Yin  
7-24-05 received by bro david paul chc

Reiki-Rainbows energy is for opening, cleansing, charging, and balancing chakras of Usui Reiki Master/Teachers.

**There are three symbols involved that one receives as you self-initiate yourself by doing the following procedure:**

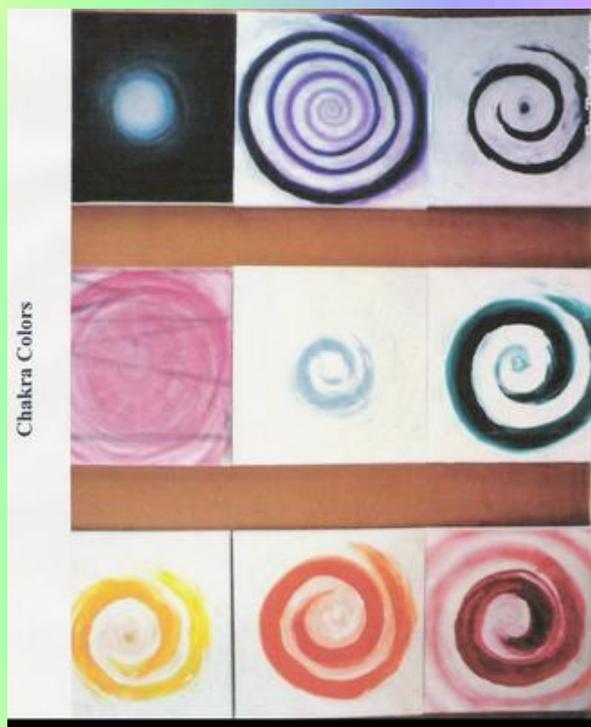
1) It is best to sit in an upright position.

2) Scan yourself:

With both hands overlapping, palms facing your body, scan yourself from crown to root to identify which chakras need assistance.

You will sense the ones that they are blocked and need to be charged. After all the chakras have been scanned, start from the lower chakras that need assistance and move upward to the higher chakras.

The symbol you will use to clear the blockage and charge the chakra is "Spiral". This is an ancient symbol for healing and the goddess... it is a creative sign of cleansing and re-balancing... it is a cosmic dance of energy.



3) To clear a chakra that is blocked:

Visualize the spiral in color of the chakra you are working on... place the palm your hand towards your body on or above the chakra. Move your hand in a counter-clockwise movement that spirals up and away from your body saying "Spiral out"...do this a number of times until you feel the blockage clear and let go... immediately charge the chakra that was worked on.

4) To charge a chakra:

Visualize the spiral in the color of the chakra you are working on... place the palm of your hand towards your body on or above the chakra. Say "Spiral in" as you move your hand in a clockwise movement imagining energy coming into your chakra to charge and help balance the chakra... Continue to do the movement until the chakra feels balanced, say "Spiral in" each time you repeat the movement... then move to the next chakra to be worked on.

5) After all the chakras are cleared, balanced and charged:

Place your left hand on the crown and right hand on the root chakra.... visualize the symbol "Om"



This is the Sanskrit word for universal peace and the sound brings balance and peace. Feel the symbol dissolve into your crown and move through all the chakras to the root... say "Om" and visualize the symbol again and again... till a feel of peace and balanced is received.

6) Now you are going to release this energy to the world:

Raise your hands outstretched to shoulder height and visualize the third symbol "Reiki-Rainbows".



This ancient symbol is also know as Indalo light found it many different cultures around the world and is a sign of the Shaman who can read the signs in the world around them to predict the weather and future events.

It is a symbol of openness and embracing all. Feel the energy connect from palm to palm in a rainbow arch over your crown and send this symbol now out into the world in an ever wider rainbow arch that expands from you to assist in world healing and peace in your lifetime.

You are now initiated in this system!

### **To work on another person:**

When you feel balanced and cleared in all your chakras, then and only then can you share this energy with another person. When scanning another person in the upright position, have your hands one in front of the body and one behind on their back.

When working on a person, use both sides to help clear and charge the chakra continuing to place one hand in front and one in back.

### **To send distance healing:**

You announce the person you are sending to

- full name
- date of birth
- city/state/country living in

Visualize the person or gaze on their picture.

Imagine your body is their body... when you feel connected to their energy do a normal self healing on yourself but as the other person.

There is no certificate or lineage for this system, by regular use and becoming balanced, one will know if this system can & will assist them.

We surround you in a globe of golden love and silver light as you develop this energy through self use and then sharing it with others...

Please post a message to the group [http://groups.yahoo.com/group/Reiki\\_Rainbows/](http://groups.yahoo.com/group/Reiki_Rainbows/) about your experience as new insights will be received as more people experience this energy.

The energy will mature & grow in you through use so that as Lightworkers you will aid the planet earth in healing and celebrating world peace in your lifetime.

Call on us...we are here to assist you when asked share with each other...so the energy may continue to grow and develop for the good of all!

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